

Year 10 Work Experience 2025

Launch



Why do Work Experience?

- Gain insight into a career
- Gives a purpose to your education showing the link between how education prepares you for the world of work
- It can help you find a job
- It can help with your application to Sixth Form, College or University
- You gain valuable skills for your development
- Adds value to your CV
- To gain a positive reference from an employer
- Building up contacts

To get the most benefit

- For maximum benefit try to find a work placement based on:
 - A possible career route
 - An area of interest
 - Support a subject or qualification

Take work experience seriously

- All work experience is valuable, no matter in what field it is. Evidence of:
 - Positive attitude to work, being polite
 - Flexibility and enthusiasm
 - Initiative ability to think for yourself in the workplace
 - Reliability turning up on time
 - Communication skills confident to talk to people, willing to ask for help and a good listener
 - Team worker gets on well with others
 - Literacy, Numeracy & computer skills

When is work experience in Year 10?

Work experience will take place:

Monday 9 June to Friday 13 June 2025

Work experience – next steps

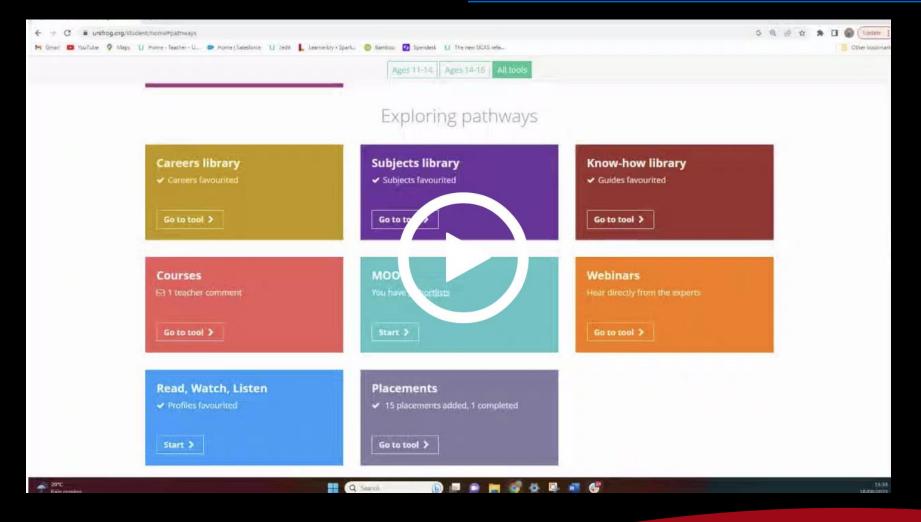
- You can be researching potential work placements:
 - Speak to your family do they have any contacts?
 - Ask your teachers do they have any contacts?
 - Visit some potential employers and ask if they accept students for work placements.

Work experience – the process

Unifrog The universal careers platform

- The Work Experience process will be managed through the Unifrog's **Placements** tool.
- When you have found a work placement (and the employer has agreed to the placement), login to Unifrog and click 'Placement tool' and 'New placement'. It is important that this is completed as soon as possible so Health & Safety checks can be completed before you can start your placement.
- Final deadline is Friday 9 May 2025.

https://www.loom.com/share/77ea6253740441df8cb12d9406cb4233?sid=cd08341b-bcb7-443d-b079-271d544e3704



How to Look for a Work Experience

- Write to local employers this could be an email or company website
- Call in direct and ask to speak to the manager
- Telephone and ask to speak to the manager
- Speak to your family do they have contacts at their own place of work?
- Ask your teachers do they have any contacts?
- START APPLYING NOW

Where could you do your work experience?

- In the past, students have completed their work experience in the following places:
 - Retail stores
 - Doctors surgeries
 - Veterinary surgeries
 - Hairdressing salons
 - Gyms/Leisure centres
 - Garages/Repair workshops

- Schools/Nurseries
- Hotels/Tourist places
- Restaurants & Cafes
- Solicitors/Legal firms
- General offices
- Council offices
- Banks & Building Societies

Where could you do your work experience?

- These are some of the places where students in year 10 have completed their placements:
 - Tyne and Wear Fire & Rescue
 - Hudson Road Primary School
 - St Benet's Primary School
 - Bright Stars Nursery
 - Wates Group
 - Millfield Community Nursery
 - Sunderland City Council
 - Just Travel Cover
 - Barnes Junior School
 - Nissan
 - Sunderland Mind

- Sunderland Culture
- Grangetown Primary
- Next Retail
- Hillview Infants & Juniors
- Sunderland College
- Pets at Home
- Gentoo Group
- BT/EE
- Medichem Pharmacy
- MPCT

Who to speak to?

Mrs Robinson, Careers Advisor – based in the Careers Hub

 Mr Wareham as Careers Leader has the oversight of Careers in school.

Head of Year & Form Tutors

 Aspire teachers, materials to help you apply for a work placement