



Southmoor Academy

ASPIRE • ACHIEVE • ENJOY

Welcome-Y11
Parents and carers

*This is not just
education.
this is...*

Aspire
North East
MULTI ACADEMY TRUST

— EDUCATION —



Vision

To provide the highest quality education for young people in the community we serve.

Our vision goes beyond our own Trust.

We want to contribute to the broader regeneration of our region by empowering our students to have

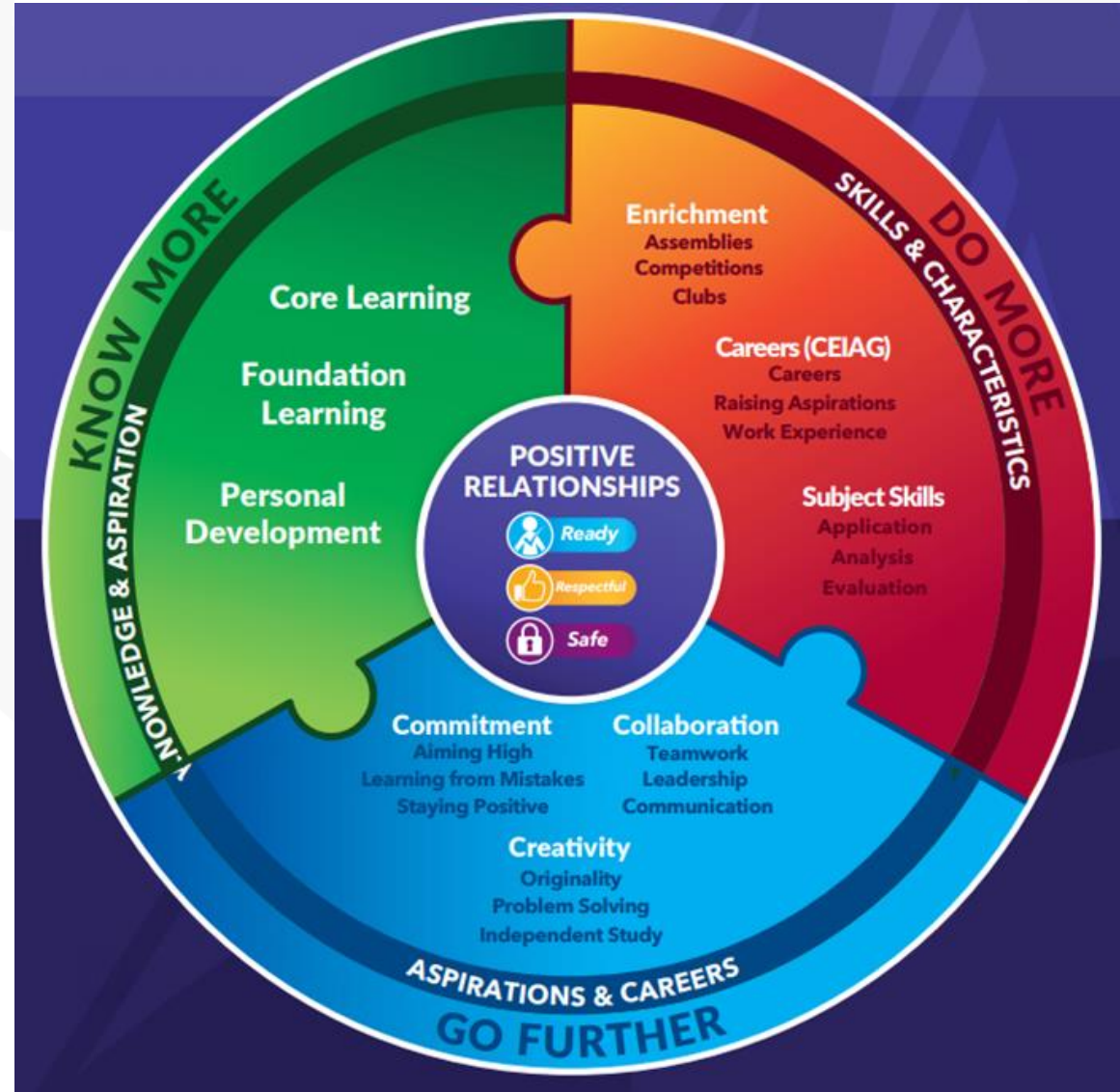
high **aspirations**, **achieve** excellent outcomes and **enjoy** learning.





Positive relationships are central to our success as a learning organisation.

Our young people know that we work tirelessly in their best interests.





The bad news is time flies.
The good news is you're the pilot.

Michael Altshuler

Dr Kellyann XO

drkellyann.com

139 Days

28 Weeks

2 Terms



1%

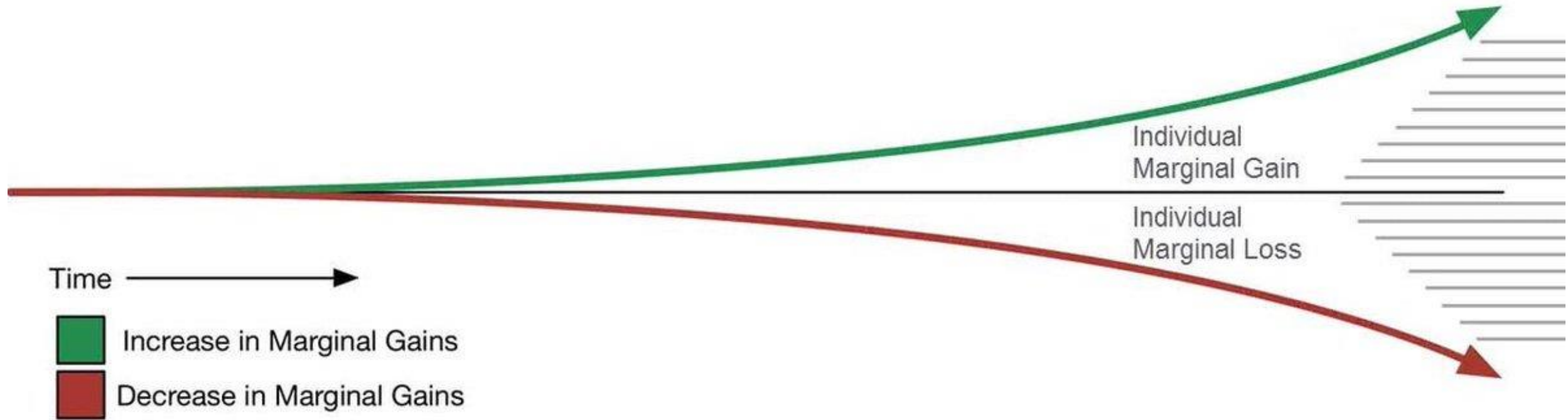


Sir Dave Brailsford

Marginal Gains

A method of reaching high-performance levels through constantly making small, incremental improvements.

'The Aggregation of Marginal Gains'



The marginal choices we make have minimal impact at the start. The 1% improvement or decline aggregates over time, creating a much larger risk than first envisaged.



**1. Attendance =
attainment**

The impact of attendance

	A8	P8	7+EM (%)	5+EM (%)	4+EM (%)
95%+ (117)	5.5	0.4	22	62	75
90-95 (45)	4.4	-0.3	6.7	38	56
85 to 90 (21)	4.2	-0.6	0	38	62
50 to 85 (39)	3.3	-1	0	10	33
<50 (13)	1.6	-2.8	0	0	8



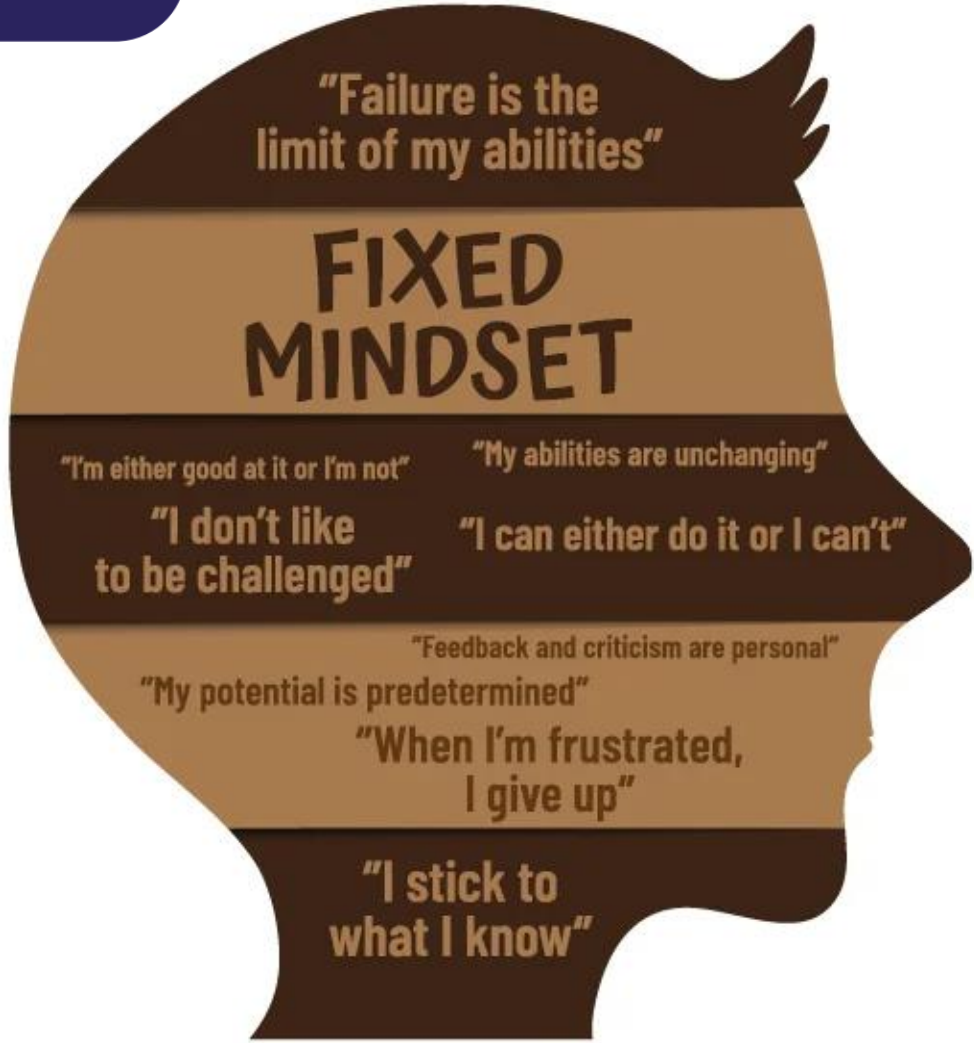
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Subject Name Here
at Southmoor Academy

-  **Know More**
-  **Do More**
-  **Go Further**



2. Growth mind set



"Failure is the limit of my abilities"

FIXED MINDSET

"I'm either good at it or I'm not" "My abilities are unchanging"

"I don't like to be challenged" **"I can either do it or I can't"**

"Feedback and criticism are personal"

"My potential is predetermined"

"When I'm frustrated, I give up"

"I stick to what I know"



"Failure is an opportunity to grow"

GROWTH MINDSET

"I can learn to do anything I want"

"Challenges help me to grow"

"Feedback is constructive" "My effort and attitude determine my abilities"

"I am inspired by success of others"

"I like to try new things"

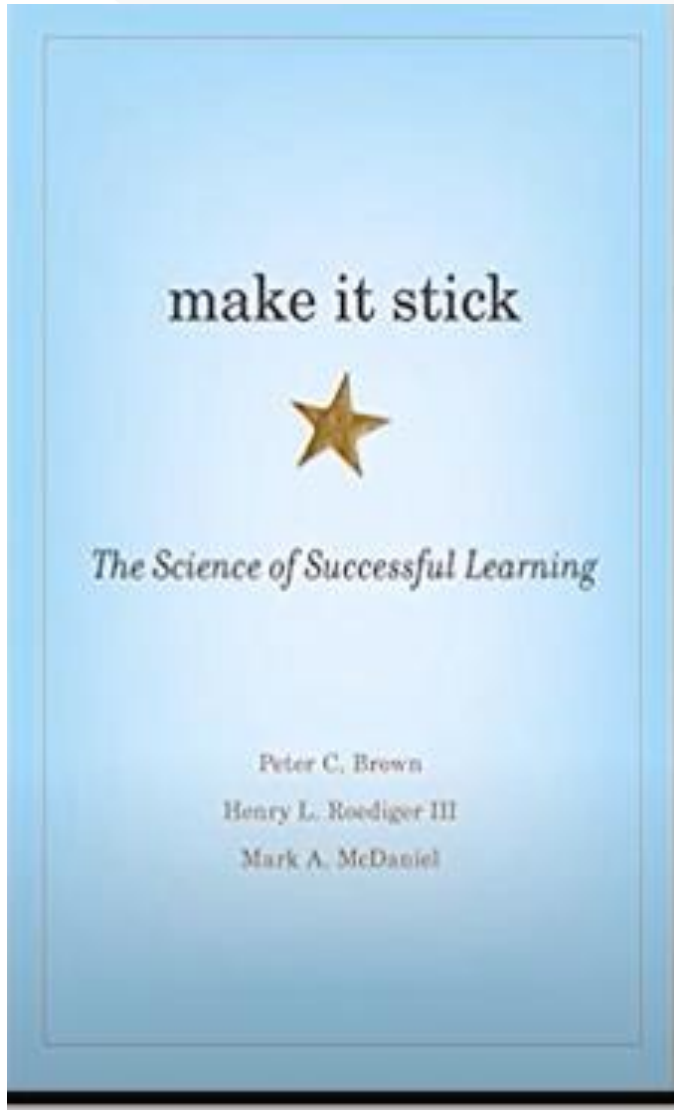


3. Make it stick



The simple act of getting students thinking or talking through what they know and understand...is important





- Explain it
- Summarise it
- Draw it
- Link it



Our Homework as parents and carers

1. Make sure your child **attends school every day**, and **studies every evening**.
2. Use growth mind set language e.g. **'well done for struggling through it'**
3. Help learning to stick **e.g. 'Tell me what you learned in English today?'**



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Mr Wright



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Exams are not a test of what you can do in a two hour period.

They are a test of what you have done in the two years before that.



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What will this year look like?





Half term	What's going on	What you should be doing
1	Covering content	Homework, plus 20 minutes per subject per week Recall/basic knowledge quizzing
2	In class assessment and predictions	Homework, plus 30 minutes per subject per week Practice exam questions
3	Mock exams (real exams for vocational subjects)	Homework, plus 45 minutes per subject per week Recall and timed practice exam questions
4	Revision	Homework, plus 45 minutes per subject per week Plugging gaps from Mocks
5	Exams	Whatever it takes!



Half term	What's going on	
1	Covering content	Homework, plus 20 minutes per subject per week Recall/basic knowledge
Holiday		2 hours every weekday
2	In class assessment and predictions	Homework, plus 30 minutes per subject per week Practice questions
Holiday		2 hours every weekday
3	Mock exams (real exams for vocational subjects)	Homework, plus 45 minutes per subject per week Recall and timed practice questions
Holiday		3 hours every weekday
4	Revision	Homework, plus 45 minutes per subject per week Plugging gaps from Mocks
Holiday		4 hours every weekday
5	Exams	Whatever it takes!
FREEDOM		



3
18
20
31.5
20
40.5
15
40.5
40



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228.5 hours



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There is no substitute for putting the time in.



KEY STAGE 4 REVISION HUB



The Academy

- > [Our Vision & Ethos](#)
- > [Children's Services Department](#)
- > [Covid-19 Related Documentation](#)
- > [Governance](#)
- > [Our Staff](#)
 - > [Senior Leadership Group](#)
 - > [Teaching Staff](#)
 - > [Specialist & Support Staff](#)
- > [Admissions](#)
- > [Annual Reports & Accounts](#)
- > [Fundamental British Values](#)
- > [DfE Performance Tables](#)
- > [Exam Results](#)
- > [Southmoor Academy Blog](#)
- > [Pupil Premium Funding](#)
- > [Remote Education Provision](#)
- > [School Policies](#)
- > [School Calendar](#)
- > [SEND Information](#)
- > [Southmoor Alumni Network](#)



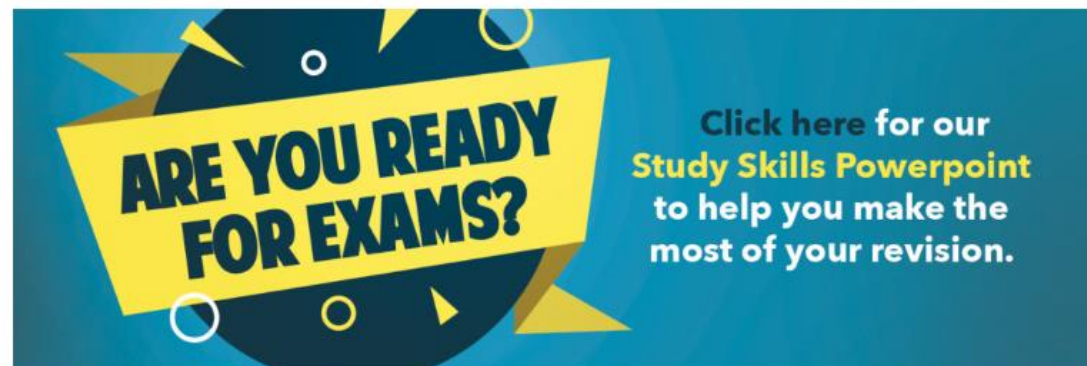
Welcome to the Key Stage 4 Revision Hub! Throughout this year, creating good revision habits is key to embedding the knowledge and skills you need to succeed in your final GCSE exams. In this hub, we will help you prepare for that journey. In the run-up to the first mock exams, your teachers have prepared an exam revision timetable that consists of three styles of revision: online resources, pre-recorded audio revision PowerPoints and a selection of Google Meet live sessions. Do some English and Maths every day, then locate your option subjects and access the resource from your Google Classroom login.

Hub Links

[Click here to view the Year 10 Revision Hub.](#)[Click here to view the Year 11 Revision Hub.](#)[Click here to view our Revision Video Guides.](#)[Click here to view the GCSE Summer Examination 2023 Time Table](#)[Year 11 Revision Checklist Resource Booklet](#)

Year 11

Revision Checklist Resource Booklet

[CLICK HERE TO VIEW ►](#)

ARE YOU READY FOR EXAMS?

Click here for our **Study Skills Powerpoint** to help you make the most of your revision.

- > Our Vision & Ethics
- > Children's Services Department
- > Governance
- > Our Staff
 - > Senior Leadership Group
 - > Teaching Staff
 - > Specialist & Support Staff
- > Admissions
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- > Southmoor Alumni Network
- > Year 6 Transition

Year 11 Revision What Learners Do

Half term	What's going on	
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Holiday		2 hours every weekday
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3	Mock exams (real exams for vocational subjects)	Homework, plus 45 minutes per subject per week Recall and timed practice questions
Holiday		3 hours every weekday
4	Revision	Homework, plus 45 minutes per subject per week Plugging gaps from Mocks
Holiday		4 hours every weekday
5	Exams	Whatever it takes!
FREEDOM		

Revision: What Learners Do



Organise Your Time and Space Properly

- ▶ Plan short, regular sessions - better to do small amounts every night rather than all in one
- ▶ Schedule breaks
- ▶ Work at a table - not lying down on bed or on a sofa
- ▶ Plan to revise several different topics in short chunks of **20 minutes each**



Work is Work and Rest is Rest

- ▶ Set a timer for how long you intend to work - **20 minutes** as standard, but you could do longer for more complex tasks or for practice exam questions.
- ▶ Turn the volume up on your phone and place it in the next room
- ▶ **DO NOT** look at your phone until the timer is up
- ▶ **DO NOT** stop your task until the timer is up
- ▶ When the timer goes, stand up to go get your phone and do something else for five minutes **IN ANOTHER ROOM**
- ▶ Return and set a new timer for the next twenty minutes.



Choose an Appropriate Revision Task

Revision: What Learners Do



Organise Your Time and Space Properly

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- ▶ Return and set a new timer for the next twenty minutes.



Choose an Appropriate Revision Task

- ▶ For learning key facts: **Quizzing** (perhaps by using an online resource like GCSE Pod, or with a friend); **Flashcards** (where you write questions on one side and answers on the other)
- ▶ For practicing exam skills: **Practice exam questions**
- ▶ For understanding a whole topic: **Mind maps**
- ▶ For relearning something you don't understand: **Cornell note taking** while watching a video/reading a resource

Revision Tasks



Quizzing

Quizzing where you test your knowledge of **key facts** by perhaps by using an online resource like GCSE Pod, or taking turns with a friend to answer topical questions.



Flash Cards

Flash where you test your knowledge of **key facts** by looking at a a card or piece of paper with questions written on one side before checking your answer on the reverse.



Practice Exam Questions

Practicing Exam Questions by using old or mock exam papers or an online resource to practice your **exam skills** including how to understand and break down what exam questions are asking you to do as well as how to answer them efficiently.



Mind Map

Mind Mapping, where you write down the central theme of the topic you are studying and think of new and related ideas which radiate out from the centre. This can help you break down complex ideas and allow you to **understand the whole topic**.



Cornell Note Taking

Cornell Note Taking is a method you can use to help you **relearn or reconfigure something you don't understand** whilst reading a resource or watching videos on the topic you are finding difficult.

What will we do to support?

1. Rolling program of Maths and English intervention in school
2. Intervention after school – until 4.15 every day
3. My door is open



What can you do to support?

1. Monitor homework submitted on classcharts
2. Set up a place and time at home for revision. If you are ever told *'I've got no work to do'* simply reply *'Seneca'*
3. Be in contact





Pathways

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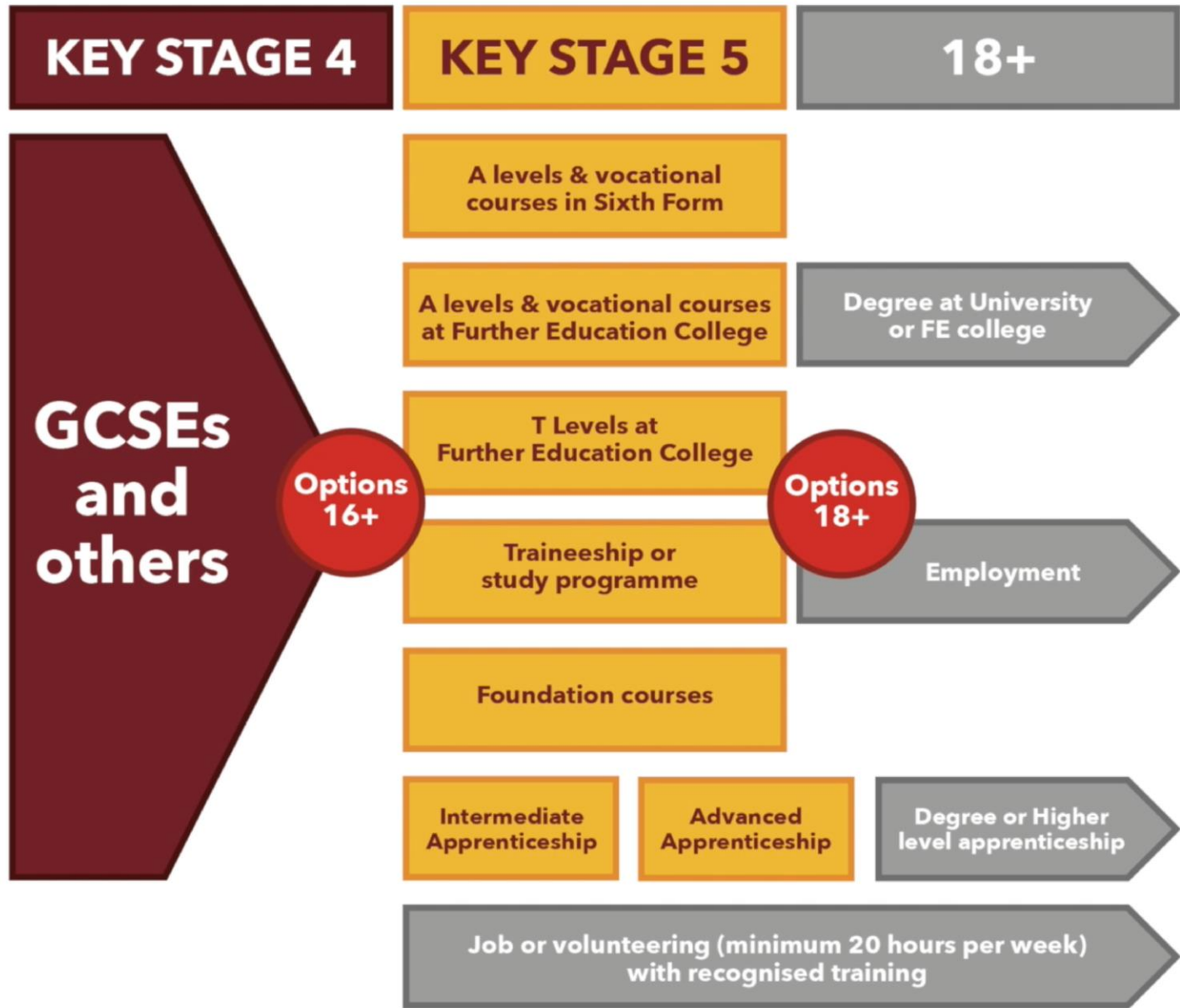


The participation age

From September 2015 the participation age was increased until the young person's 18th birthday. This does not mean staying in school, you can opt to study or train in any of the following ways:

- Studying full time in school, college or with any training provider
- Working or volunteering, combined with a part-time education or training
- Apprenticeship, traineeship or study programme

The government have decided to do this because it is widely recognised that if a young person stays in education or training they will have better career prospects.



GCSE or equivalent grades 1 - 3 are called Level 1 Qualifications.

GCSE or equivalent grades 4 - 9 are called Level 2 Qualifications.

To progress to Level 3, then students will need to have the Level 2 qualification first.

Students must secure English and Maths at Level 2 or they will need to continue studying these post-16.

Guidance and support during Year 11

- Year 11 ASPIRE lessons



- Opportunity to attend taster lessons and visits
- 1:1 Careers Guidance interviews with Mrs Robinson
- Opportunity to meet employers & education providers



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Guidance and support during Year 11

- Information available in the Careers Hub – opposite Pupil Reception



For further support, advice and guidance



Visit the Southmoor Academy website for useful advice and resources:
www.southmoorschool.co.uk/careers-education-information-advice-guidance/

Mrs Robinson, Careers Advisor
Email: careers@southmoormat.co.uk



Follow @SMMATCareers on Twitter!

www.southmoorschool.co.uk/careers-explorer/



CAREERS EXPLORER



**National
Careers
Service**

Helping you take
the next step

National Careers Service

www.nationalcareers.service.gov.uk/
Call: 0800 100 900

For further support, advice and guidance

Fortnightly Careers Bulletin



CAREERS BULLETIN

Week commencing: 27 June 2022

<u>APPRENTICESHIP VACANCIES</u>	<u>CAREERS EVENTS</u>
<p>Horticultural apprentice with Sunderland City Council – for further information see https://www.northeastjobs.org.uk/job/Apprenticeships/228190</p> <p>Property Maintenance Operative Apprenticeship with Inviron in Sunderland – for further information see https://www.findapprenticeship.service.gov.uk/apprent</p>	<p>CAREERS IN STEM + SCIENCE WORK EXPERIENCE DAY Tuesday 26 July from 1pm to 4pm (virtual) ‘Do you want to be an Engineer’ event with Spectris. They employ 9,000 people in more than 30 countries. The day will consist of a variety of interactive presentations, going into depth on different careers in engineering with some fun quizzes and activities. To register, click here.</p>

Other useful links:

- <https://www.gov.uk/apply-apprenticeship>
- <https://successatschool.org>
- <https://icould.com>

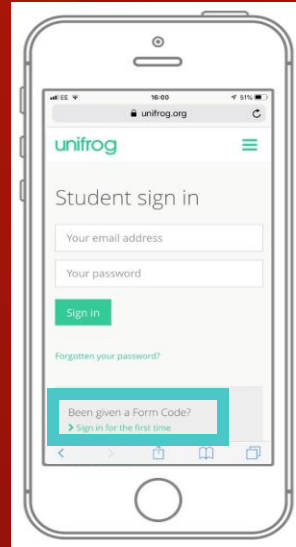


For further support, advice and guidance



Unifrog is a one-stop-shop where students can explore their interests, then find and successfully apply for their next best-step after school.

- Careers Library
- Subjects Library
- Post-16 and Post-18 course directory
- Webinars
- Record interactions, applications & intentions
- CV writing tool
- Personal statement tool



Scan this QR code or go to www.unifrog.org/student and click 'Sign in for the first time'

You'll be asked for some details and a Sign up Code. This is what you need:

SMORparents

After signing up, log into Unifrog using your email address and password via the student sign-in page!



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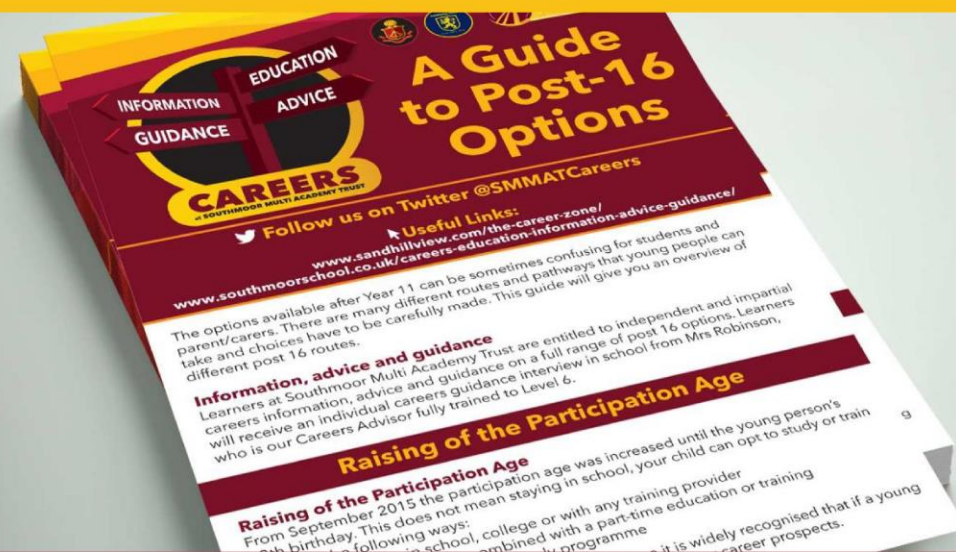
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Year 11 Post-16 Options



For a recap of all this information, go to:
www.southmoorschool.co.uk/post-16-progression-pathways/



This evening

